

# The TMHS Robert MacDougall 3k Invite

Saturday, September 14, 2019

Saunders Recreational Center

286 Livingston St Tewksbury, MA 01876

*Sponsored by:* Tewksbury Memorial High School

*Open To:* All MIAA Schools

*Supported by:* TMHS Track & XC Boosters

*Sanctioned by:* Awaiting approval by MIAA

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## Order of Races:

*Time schedules are approximate times:*

<b>8:00 a.m.</b>	<b>Course Open for Preview</b>
<b>9:00 a.m.</b>	<b>Freshman Girls Race 3K</b>
<b>9:30 a.m.</b>	<b>Freshman Boys Race 3K</b>
<b>10:00 a.m.</b>	<b>Girls Open 3k</b>
<b>10:30 a.m.</b>	<b>Boys Open 3k</b>

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**Costs:** \$100 for 1 gender & 1 Race  
\$150 for 2 genders & 2 Races or 1 Gender & 2 Races  
\$250 for 3 or more races

**Awards:** *Individual medals*  
1-10 Freshmen Boys  
1-10 Freshmen Girls  
1-10 Open Boys  
1-10 Open Girls

**Entries:** Unlimited for all schools\*  
Meet Director will consider breaking a race into divisions (based on current MIAA school population) if any race gets over 300 entrants.

### Entry Procedures:

- **Coaches must first contact the Meet Director ([pmolloy@tewksbury.k12.ma.us](mailto:pmolloy@tewksbury.k12.ma.us)) to confirm attendance.**
- Rosters in *MS Excel* or *Google Sheets* are due by **Monday September 9th, 2019 - I will send you a template!!!!**
  - **Send Rosters to:** [pmolloy@tewksbury.k12.ma.us](mailto:pmolloy@tewksbury.k12.ma.us)
- Personal checks are discouraged & will only be accepted upon prior approval
- Submitting a PO or school check affirms that your AD/Principal is aware and approves of your attendance to this meet.
- PO/Checks are due by **MONDAY September 9th, 2019, submitting electronic copy is preferred.**
  - **Send PO/Check to:** Peter Molloy (Meet Director) Cell: 978-996-0173  
3 Village View Rd Email: [pmolcoach@yahoo.com](mailto:pmolcoach@yahoo.com)  
Chelmsford, MA 01824
  - **Checks Payable to:** **TEWKSBURY TRACK BOOSTERS**

### Meet Information:

- T-Shirts will be available
- A small concession stand will also be on hand
- A DJ will be on hand to provide music & a great meet atmosphere!

### Parking Information

- All Busses can drop off teams @ the XC course – they will then be directed to the Wynn Middle School (600m away) for parking
- Parking close to the XC course will be on a first come-first serve basis. Parents are encouraged to park at the Wynn Middle School & walk to the XC Meet.